



# WHY, WHAT, HOW WHEREABOUTS

## PURPOSE OF COLLECTING WHEREABOUTS INFORMATION



In order to protect the rights of athletes to compete on a level playing field, anti-doping organizations not only conduct in-competition testing during competitions, but would also conduct no advance notice out-of-competition testing on testing pools athletes, so as to ensure that they are not using prohibited substances and prohibited methods. Therefore, athletes' whereabouts information needs to be collected by anti-doping organizations to locate athletes for out-of-competition tests anytime and anywhere.

## ANTI-DOPING ORGANIZATION OF HONG KONG, CHINA (ADOHK) TESTING POOLS

ADOHK has 2 Testing Pools:

- Registered Testing Pool (RTP)
- Elite Testing Pool (ETP)

Athletes being included in RTP or ETP and their corresponding National Sports Associations (NSA) will be notified by ADOHK.

The criteria for including athletes in the testing pool are based on the World Anti-Doping Agency's (WADA) International Standard for Testing and Investigations (ISTI).

ADOHK will regularly update the Testing Pools list based on a variety of parameters, including athletes' latest ranking in their sports, inclusion in their International Federation's RTP, athletes' sport performance and sport-specific risk assessment, etc.

ADOHK shall have the final decision on the inclusion of athletes in the Testing Pools and shall not discuss the reasons for including a particular athlete in the RTP or ETP.



Athletes included in the Testing Pools are required to submit whereabouts information regularly. Athletes should update their whereabouts information frequently to ensure submissions are complete and accurate in order for any Anti-Doping Organization with authority to locate and conduct testing on them.



## REQUIREMENTS ON WHEREABOUTS SUBMISSION

	RTP	ETP
To be submitted on a <b>quarterly basis</b> . The deadlines for each quarter are 15 December, 15 March, 15 June, and 15 September	✓	✓
Whereabouts information <b>shall be updated</b> as necessary so that it remains accurate and complete at all times	✓	✓
To provide the full address of the place where the athlete will be staying overnight for each day, i.e. the <b>daily overnight residence</b>	✓	✓
To provide <b>training and competition</b> schedules or schedule of other regular activities which includes the detailed address and time between 6 a.m. and 11 p.m.	✓	✓
To specify a <b>60-minute time slot</b> between 5 a.m. and 11 p.m. for each day, during which the athlete is available and accessible at the specified location for testing	✓	✓
Required	Everyday	At least 3 days per week

## POINTS TO NOTE

- Athletes should provide detailed addresses which should include the street number, name of the venue/building, floor and room number, etc. and **accurate locations** such as fitness center or badminton court.
- Athletes should provide a time (at least 1 hour) and location (e.g. a place where a toilet and a private room is available) that is suitable for conducting a doping test.
- If there are any planned overseas competitions or trainings, athletes should provide the following information:
  - Competition name, the host country and city
  - The venue, date and time of training/competition
  - Hotel details, room number, date and time of stay
- It is the responsibility of athletes to ensure that Doping Control Officers **can gain access** to the reported location to notify athletes for doping tests.
- All doping tests are conducted with no advance notice.

Athletes must update their whereabouts information in ADAMS or Athlete Central App as soon as there is any anticipated change.



## WAYS TO SUBMIT AND UPDATE WHEREABOUTS INFORMATION

Athletes in ADOHK Testing Pools can submit and update whereabouts information through the following means:

**Submit & Update**

**adams**  
wada  
http://adams.wada-ama.org

**Athlete Central App**

GET IT ON Google Play  
Download on the App Store

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**Update Only**

For emergency use only and not applicable to IF RTP athletes

Email: whereabouts@antidoping.hk  
Fax: (852) 2890 3677  
WhatsApp / SMS / Voicemail: (852) 6257 7099

Remarks: Athletes included in the Registered Testing Pool of International Federations (IF) should submit and update whereabouts information via ADAMS and Athlete Central App only

Anti-Doping Administration and Management System (ADAMS) is developed by the World Anti-Doping Agency (WADA) to facilitate instant online submission and updating of whereabouts information by athletes and authorized representatives. ADAMS Quick Reference Card in Chinese and English are available on ADOHK website.



## CONSEQUENCES OF WHEREABOUTS FAILURES / NON-COMPLIANCE

	Situations	Consequences
RTP athletes	Accumulation of 3 Filing Failure and /or Missed Test committed within a 12-month period	Violation of anti-doping rule which could result in ineligibility and fines
ETP athletes	Accumulation of 3 Whereabouts Non-compliances within a 12-month period	Transfer to RTP



## RIGHTS OF ATHLETES IN RELATION TO THE WHEREABOUTS FAILURES / NON-COMPLIANCE

Athletes have the opportunity to provide explanation for any apparent Filing Failure/Missed Test/Whereabouts Non-compliance. If the explanation is accepted by the anti-doping organization, the case will not be formally recorded.



## WHEREABOUTS TIPS



Set regular notifications on your mobile phone or personal calendar to remind yourself on the whereabouts submission deadlines and to update whereabouts information (e.g. weekly alarm).



Set daily alarm on your watch or mobile phone to remind yourself of the 60-minute time slot.



If you are included in your IF's RTP, you must submit and update your whereabouts information through ADAMS or Athlete Central App which would be accessible by both ADOHK and your IF.



In order to officially retire from competition, you need to request to ADOHK the official "Retirement Notification Form" and duly submit the completed form. Your retirement will take effect only after you have received the confirmation letter from ADOHK. Your status of being a Testing Pool athlete and obligations remains unchanged until you have received further notice from ADOHK.



If you are a retired athlete but intend to return to international events or national events, you should comply with relevant regulations of ADOHK and your IF. You shall not compete in International Events or National Events until you made yourself available for Testing, by giving 6 months prior written notice to ADOHK and your IF.

To learn more about the ADOHK Whereabouts Policy, please visit ADOHK website (www.antidoping.hk).

Disclaimer:

This pamphlet is published for reference purpose only, and is not intended to give any legal/medical advice by ADOHK who shall disclaim any liability arising therefrom. Relevant individuals are recommended to refer to the Anti-Doping Rules of ADOHK, and seek for professional/legal advice on important decisions.



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