中國香港運動禁藥管制機構
ANTI-DOPING ORGANIZATION OF HONG KONG, CHINA

ADOHK

政府資助 計劃
Government-funded programme

Whereabouts

adams
⊟ wada

is a web-based database management system allowing all athletes and stakeholders around the world to centralize the anti-doping information.

Information on Anti-Doping Rule Violations	Athlete Whereabouts	Laboratory Results	Therapeutic Use Exemptions (TUEs)	and many more...

ADAMS / Athlete Central allows athletes to comply with the whereabouts requirements of their National Anti-Doping Organizations (NADOs) / International Federations by entering their information from anywhere in the world.

Website: adams.wada-ama.org   **App: Athlete Central**   Available on the App Store   GET IT ON Google Play

Fun Facts

ADAMS was launched in **2005** by the World Anti-Doping Agency (WADA).

Hong Kong uses ADAMS.

ADAMS is available in **34** languages including Chinese.

Who is required to submit Whereabouts?

ADOHK Testing Pools Athletes and any other athletes at ADOHK's discretion

Who is included in ADOHK Testing Pools?

ADOHK has 2 Testing Pools: Registered Testing Pool (RTP) & Elite Testing Pools (ETP).

Athletes being included in RTP or ETP and their corresponding National Sports Associations (NSA) will be notified by ADOHK.

The criteria for including athletes in the testing pool are based on the World Anti-Doping Agency's (WADA) International Standard for Testing and Investigations (ISTI).

ADOHK will regularly update the Testing Pools list based on a variety of parameters, including athletes' latest ranking in their sports, inclusion in their International Federation's RPT, athletes' sport performance and sport-specific risk assessments, etc.

ADOHK shall have the final decision on the inclusion of athletes in the Testing Pools and shall not discuss the reasons for including a particular athlete in the RTP or ETP.

Quarterly Submission Deadline

Quarter 1 (January – March): **15 December**
Quarter 2 (April – June): **15 March**
Quarter 3 (July – September): **15 June**
Quarter 4 (October – December): **15 September**

Whereabouts Requirements

Overnight Accommodation
- Detailed address of where you sleep overnight underline every day
✓ RTP   ✓ ETP

Regular Activity
- Any time **between 06:00 – 23:00** (preferably between 1 – 3 hours)
- Detailed address of where you train / other activities
✓ RTP Every day   ✓ ETP At least 3 days per week

60-minute Timeslot
- Any hour **between 05:00 – 23:00** with detailed address every day
- Must be available and accessible at the specified location for the 60-minute timeslot
✓ RTP

Common Errors

✗	✓
Forgot to update your whereabouts which makes you unable to be located for doping tests	Updates must be made in ADAMS / Athlete Central as soon as any changes arise
Cannot receive SMS to log in ADAMS when travelling overseas	Reset your Two-Factor Authentication Method to TOTP in Security Options under User Preferences
No specific location in the address	Examples of a specific location: - Gym in HKSI - Activity Room 1 in Tai Wo Sports Center
No resident hotel room number provided	Don't forget to add the hotel room number in the address upon check-in