

TrueSelf

HKADC Newsletter



Message from the Chairman of the Anti-Doping Appeal Panel

As the Chairman of the Anti-Doping Appeal Panel, I would like to take this opportunity to share with you the background and functions of the Appeal Panel.

The Appeal Panel is an independent panel appointed by the Sports Federation & Olympic Committee of Hong Kong, China (SF&OC). The Panel's function is to hear and determine all issues arising from any matter which is appealed to it pursuant to the anti-doping rules of SF&OC and HKADC. To ensure fair, just, and impartial hearings, members are drawn from a broad spectrum of society with diverse backgrounds.

Parties feeling aggrieved, including but not limited to athletes, NSAs, IFs and WADA, can appeal to the Panel against a disciplinary decision of the Anti-Doping Disciplinary Panel. This not only ensures that the disciplinary decision is fair to the athlete concerned, but also complies with international norms and standards.

Except in certain circumstances where the decisions of the Appeal Panel may be appealed to the International Court of Arbitration for Sports, they are considered to be final.

NG Ching Kwok
Chairman, Anti-Doping Appeal Panel

The first doping case under the HKADC Testing Programme

Mr. Chan Chi Ho Perry, a powerlifting athlete, was sanctioned for an anti-doping rule violation. This was the first positive test discovered by HKADC since its testing programme commenced in May 2009.

The violation occurred during in-competition doping control on 3 April 2010 at the Hong Kong Powerlifting Championship 2010 and resulted from the athlete's urine sample returning an adverse analytical finding for cannabinoids. Result management of the case was proceeded in accordance to the HKADC Anti-Doping Rules. Athlete waived his right to a hearing and received a sanction of six-month of ineligibility from sport and removal of competition result obtained at the Championships.

Cannabinoids is a "specified substance" on the 2010 World Anti-Doping Agency Prohibited List. Although the substance may not be effective in improving sport performance, HKADC concerned that athletes impaired by the use of cannabinoids are more susceptible to injury and accident.

Athletes and their support personnel are reminded that according to the principle of strict liability, athletes have to be responsible for any prohibited substances or their metabolites and markers being found in the athletes' samples.

Reminder

Modified HKADC Anti-Doping Rules is in force since 1 April 2010

Important Dates

30/06/2010 – Year 2010 Q3 whereabouts submission deadline for RTP athletes

News

Adoption of Anti-Doping Rules by NSAs - As at 1 June 2010, 65 Member Associations, including 64 out of 64 governing body of individual sports, have fulfilled the requirement on the adoption of anti-doping rules of SF&OC and HKADC.

Did you know?

During a doping control session, athletes have the right to request the Doping Control Officer to supply as many sealed drinks as you want for hydration, until the doping control process is completed.

The Committee

Chairman

Prof. Frank FU, MH, JP

Members

Mr. PANG Chung, BBS

Mr. Ronnie WONG, JP

Mr. NG Ching Kwok, SBS

Dr. TSE Tak Fu, BBS, JP

Dr. Simon YEUNG

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Phase 1 of the HKADC Testing Programme - Conclusion and lesson learnt

At the initial stage of setting up HKADC, a relatively small scale testing programme was launched in May 2009. This allows more resources to be channeled to the set-up of the system and training of related personnel. Not to mention, providing a chance for the athletes and their support personnel to gradually get used to the international standard of testing and related requirements. During Phase 1 of the testing programme (May 2009 – Mar 2010), a total of 128 no-notice out-of-competition tests were conducted (see table for details).

Phase 1 of the testing programme was not implemented without any challenges. Clearly and effectively explains, to all the

stakeholders, the very first testing programme in Hong Kong that meets international standard, was a job that needs plenty of patience. We are happy that all of the athletes and their support personnel understand why the system is needed and support by cooperating with HKADC at the best they can.

The experience we learnt at Phase 1 and comment collected from the stakeholders have helped us to plan and smoothly launch Phase 2 of the Testing Programme. We believe that your feedback and continuous support would enable us to further strengthen the anti-doping programme in Hong Kong.

	No. of Out-of-Competition Tests (no. of sports concerned)	
	Registered Testing Pool	Pre-Games
2 nd Quarter 2009	14 (8)	8 (6)
3 rd Quarter 2009	20 (10)	34 (18)
4 th Quarter 2009	21 (10)	18 (9)
1 st Quarter 2010	12 (8)	1 (1)
Total	67	61

Improves HKADC programme through international exchange and training

Recently, staff members of HKADC Office attended meetings and training course to keep up with the latest anti-doping developments and to enhance professional knowledge.

In April, the Head of HKADC Office attended the Association of National Anti-Doping Organizations (ANADO) 14th Workshop and the 2010 WADA Symposium held in Romania and Switzerland, respectively. It was a great opportunity to share and to learn from colleagues from various anti-doping organizations (ADOs) all over the world on anti-doping issues. Particular interest was put on coordination between International Federations and National Anti-Doping Organizations, intelligent testing, and the devise of an appropriate Registered Testing Pools for ADOs of various sizes and resources.

Assistant Manager (Testing) attended a 3-day course, held in Lausanne, Switzerland in May. The course was designed to help participants to gain a comprehensive knowledge in doping biology and anti-doping science. In addition to the teaching of scientific

theories, real life cases were discussed and shared at the course.

The overseas trips have definitely strengthened the manpower resources that will help Hong Kong to continue fighting against doping in sports.





運動禁藥上訴專責委員會 主席的話

作為運動禁藥上訴專責委員會主席，本人希望能跟大家分享一下上訴專責委員會的背景及其職能。

上訴專責委員會是由中國香港體育協會暨奧林匹克委員會（港協暨奧委會）委任的一個獨立專責委員會。專責委員會的主要工作，是根據港協暨奧委會和香港運動禁藥委員會的運動禁藥管制規條，來審理和決定所有就有關運動禁藥管制規條作出的上訴個案。專責委員會由來自社會不同界別的專業人士組成，以確保所有上訴獲得公平及公正的審理。

任何人士，包括運動員，本地體育總會，國際體育聯會及世界運動禁藥機構，若不服運動禁藥紀律專責委員會的判決，可以向上訴專責委員會提出上訴。上訴機制不單可確保運動員獲得公平的裁決，亦符合國際標準及規範的要求。

除在若干情況下，上訴人可就上訴專責委員會的裁決向國際體育仲裁法庭申請上訴外，上訴專責委員會的決定將被視為最終決定。

運動禁藥上訴專責委員會主席
伍靜國

香港運動禁藥委員會發現的 首宗運動禁藥個案

健力運動員陳智豪，因違反運動禁藥管制規條而被處分。這是香港運動禁藥委員會自2009年5月推出檢測計劃以來，首宗發現的服用運動禁藥個案。

個案發生於2010年4月3日舉行的香港健力錦標賽。運動員在當日賽內檢測時所提供的尿液樣本，被驗出由於曾服用大麻而導致陽性檢測結果。委員會其後根據「香港運動禁藥委員會」運動禁藥管制規條進行結果管理。在運動員決定放棄出席聽證會的情況下，運動員被裁定停賽6個月，及被取消其比賽成績。

世界運動禁藥機構將大麻列作2010年禁用清單的“指定物質”。雖然大麻未必對加強運動表現有幫助，委員會擔心運動員會因使用大麻而增加受傷或意外的風險。

本會希望藉此提醒運動員和支援人員，根據嚴格責任原則，運動員必須為在他/她身體樣本內發現的任何運動禁用物質或其代謝物及指標負責。

重要事項

新修定香港運動禁藥委員會運動禁藥條例已於2010年4月1日生效

重要日子

30/06/10 - 藥檢登錄名單內的運動員遞交2010年度第三季行蹤資料的最後限期

最新消息

體育總會接納運動禁藥條例事宜 - 截至2010年6月1日，共有65個屬會已經確認接納港協暨奧委會及香港運動禁藥委員會運動禁藥條例所須符合的要求。當中包括全部64個代表單項體育項目的體育總會。

運動禁藥知多少

當進行禁藥檢測(藥檢)時，運動員有權要求禁藥管制主任提供足夠飲料來補充水份，直到藥檢程序完成。

委員會

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成員

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王敏超先生 JP
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第一階段藥物檢測計劃 - 總結與經驗

委員會在成立初期，於2009年5月推出一個規模較小的禁藥檢測計劃，好讓資源得以更集中於建立機制及陪訓相關工作人員，並為運動員和他們的支援人員，逐步適應符合國際標準的測試安排和相關的要求。

在2009年5月至2010年3月的第一階段計劃中，委員會共執行了128個無預警通知的賽外檢測（見表）。

推行第一階段的禁藥檢測計劃並非一帆風順。要讓本地體育界清楚理解香港首個符合國際標準的禁藥檢測計劃，極其

需要足夠的耐性。委員會十分高興所有運動員和他們的支援人員明白為何需要有關計劃，並衷心感謝大家對推行計劃時所提供的支持和通力合作。

透過第一階段所累積的經驗及收集體育界的寶貴意見，我們得以計劃及順利推行第二階段的禁藥檢測計劃。委員會深信，只要繼續獲得你們的意見及傾力支持，香港的反運動禁藥計劃必定能進一步提升。

賽外檢測次數（相關運動項目數量）

	藥檢登錄名單	賽事前檢測
09年第2季	14 (8)	8 (6)
09年第3季	20 (10)	34 (18)
09年第4季	21 (10)	18 (9)
10年第1季	12 (8)	1 (1)
總數	67	61

海外交流及訓練助香港運動禁藥委員會提升服務質素

兩名「香港運動禁藥委員會」辦公室職員，於四月份及五月份分別參加海外國際會議及培訓課程，以掌握最新的反運動禁藥發展，並提升專業知識。

今年4月，「香港運動禁藥委員會」的辦公室主管，出席了分別於羅馬尼亞及瑞士舉行的國家運動禁藥組織聯會（ANADO）第十四屆工作坊及2010世界運動禁藥機構研討會。是次交流有機會跟世界各地的運動禁藥組織同工分享和研討運動禁藥管制的問題，實在是難能可貴。會議的重點主要集中於探討國際體育聯會與國家運動禁藥組織間的協調、智能禁藥檢測，及如何為不同規模的運動禁藥組織制定適當的藥檢登錄名單。

本會的助理經理（檢測）亦於5月出席了在瑞士洛桑舉行為

期3天的課程。該課程旨在幫助參加者全面認識運動禁藥生物知識及反運動禁藥科學。除了教授科學理論，課程亦透過真實個案，進行討論和分享。

通過海外交流得以提高本會職員的專業才能，從而進一步提升香港打擊運動禁藥的能力。

